

Personal protective equipment for work positioning and prevention of falls from height. Belts and lanyards for work positioning or restraint. This device is used to prevent a free fall of the user by connecting a body holding device (Safety harness) to an anchor point or to a structure by encircling it and supporting the user in tension. connectors compliant with EN362.

The device is designed for protection of one person of max. weight 140kg.
It should not be used as a fall arrest device. If there is a risk of a fall from height always use additional fall arresting devices in accordance with EN363.
This work positioning device is supplied with certified connectors compliant with EN362.

FAMILIARISATION WITH YOUR ADJUSTABLE WORK POSITIONING LANYARD



A KERNMANTLE ROPE

C ROPE GRAB ADJUSTER

B LARGE KARABINER FOR LIFELINE CONNECTION
D SHORT LANYARD FOR HARNESS CONNECTION.

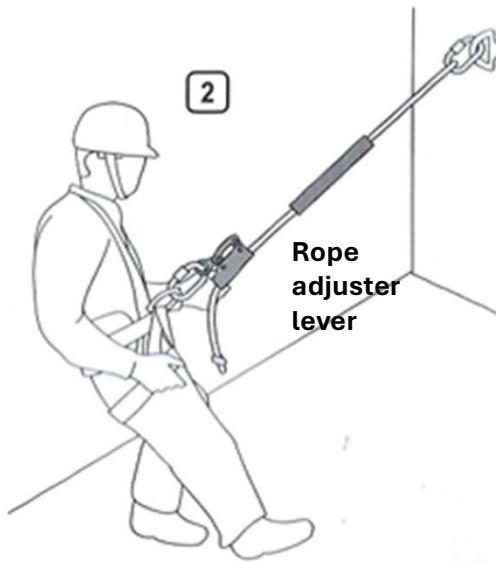
COMPONENT INSTRUCTIONS

Use this Adjustable work positioning device with a full body safety harness, ideally with a minimum of front and rear attachment points.

Connect the Short lanyard **D** to the front or rear attachment point of a Safety harness.

If connecting to a Horizontal lifeline use the Large karabiner **B** as it will move freely along the webbing without snagging or damaging it.





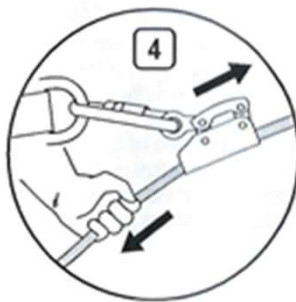
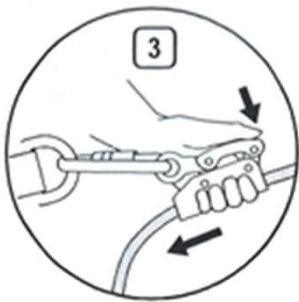
Using the Rope adjuster, adjust the rope length until it is restricting travel through tension beyond the work position.

Lengthening the Rope Fig 3

Press the adjuster lever forward and let rope through the lower section until a stable work position is achieved. Release the adjuster to lock the grab.

Shortening the Rope Fig 4

Press the adjuster lever forward and pull the rope through it to shorten it. Release the adjuster to lock the grab.



Essential information for users of personal protective equipment against falls from height.

Read these Instructions: Always read and understand the instruction manual before use, as non-observance can be life-threatening.

Trained personnel only

Personal Fall Protection Equipment (PFPE) shall only be used by a person trained and competent in its safe use.

PFPE must not be used by a person with medical conditions that can affect their safety in normal and emergency use.

PFPE must be immediately withdrawn from use if there are any doubts about its condition for safe use and not used unless it has been inspected and confirmed in writing that the component is fit for purpose.

PFPE must be immediately withdrawn from use and destroyed if it has been used to arrest a fall.

No Modifications

Never make unauthorized modifications or repairs to the device. Repairs must be carried out only by the manufacturer or authorized personnel.

Regular Servicing

Equipment must be formally inspected by the manufacturer or a manufacturer-trained expert at least every 12 months, and after any fall event or rescue operation.

Cleaning

Clean textile components with warm water and neutral cleaning agents only. Metal components can be wiped down with a mild soapy solution.

Drying

Allow all wet components to dry naturally in a well-ventilated, dark room, away from direct heat sources (like fire).

Storage

Store the equipment in a cool, dry, dust- and oil-free place, away from corrosive substances and sharp objects.

Statutory periodic inspections

PFPE components must be inspected by a qualified inspector annually or at greater frequency for components that are subjected to heavy use. Periodic Inspections must be recorded on the component using an Inspection tag
Don't use this component if the product label is illegible.

Pre-use Inspections

Carry out a Pre-Use Inspection before using this device. PFPE components must be inspected by a qualified inspector annually or at greater frequency for components that are subjected to heavy use. Don't use this component if the product label is illegible. If this component is resold outside the UK it is essential that the reseller provides an Instruction manual in the language of the buyer.

Anchor points

Anchor points or devices for the Fall arrest or Work restraint system should always be positioned to minimise the potential for falls and the fall distance ideally above the position of the user. The shape and construction of the Anchor device / point should not allow self-disconnection of connecting devices. Ensure that Anchor devices are EN795 compliant, certified and marked proving a minimum static strength of 12kN.

Be aware of hazards that may affect the performance of this device during use such as trailing or looping over sharp objects and defects like cutting, abrasion, corrosion, liquid contaminants, electrical conductivity, climatic exposure and temperature extremes.

Rescue Plan

A rescue plan shall be in place to deal with any emergencies that could arise during this work. Be aware of the effects of suspension trauma when a person is suspended in PFPE

No Modifications

Never make unauthorized modifications or repairs to the device. Repairs must be carried out only by the manufacturer or authorized personnel.

Disposal

Equipment must be immediately withdrawn from service and destroyed if it has been in a fall event, is damaged, or its safe condition is in doubt.

USER RECORD CARD - ADJUSTABLE WORK POSITIONING LANYARD

THIS SAFETY COMPONENT IS VALID FOR 10 YEARS FROM DATE OF MANUFACTURE (DOM) BUT HAS A SERVICE LIFE OF 5 YEARS FROM DATE OF FIRST USE.

LANYARD SERIAL NO.	DATE OF MANUFACTURE			DATE OF FIRST USE			ISSUED BY		
ROPE	1	2	3	4	5	6	7	8	9
ARE THERE ANY LOOSE ENDS OR ABRASIONS ?									
IS THE END KNOT SEALED ?									
IS THE END LOOP INTACT ?									
LARGE KARABINER									
DOES THE GATE OPEN SMOOTHLY ?									
IS THE NOSE IN LINE WITH THE GATE ?									
ROPE GRAB									
IS THERE EVIDENT PHYSICAL DAMAGE ?									
DOES THE ROPE MOVE FREELY WITHOUT SNAGGING ?									
IS THE LOCKING MECHANISM WORKING EFFECTIVELY ?									
SHORT LANYARD									
ARE THERE ANY LOOSE ENDS OR ABRASIONS ?									
ARE THREAD PATTERNS CONSISTANT ?									
ENERGY ABSORBER									
IS THE PROTECTIVE COVER INTACT ?									
CONNECTORS									
ARE KARABINERS CLOSING PROPERLY ?									
ARE GATES AND NOSES IN LINE ?									

We are here to help

If you are in any doubt about the condition of your Adjustable Work Positioning Lanyard please email us from our contact page.

www.safetyrespectstore.co.uk