



TRAINING COURSE DETAILS FOR RISK ASSESSMENT : RESCUE TRAINING



Trainer : Michael Cunningham
phone : 07771 878855
Email : training-sruk@hotmail.com

Training agenda

Introduction to trainees and completion of training register.

Go to training area and ensure that temporary edge protection is in place.

Build an exclusion zone.

Course content

Inspect safety equipment, harnesses, lanyards, lifelines, slings and anchors.

Install a horizontal lifeline (work restraint system) in the training area, then connect the rescue system winch to it.

Trainees work in pairs, attached to the work restraint system.

A temporary edge protection barrier is removed by an assigned person.

The demonstration dummy is pushed over the edge of the slab by a trainee connected to the work restraint system.

The dummy is recovered by lowering, lifting and by winching.

Training environment & associated risks

This course can be delivered from an area of suspended slab with temporary edge protection in place around perimeters and voids and equipment to assemble an exclusion zone.

Associated risks

Equipment comprising a man-sized rescue dummy weighing 100kg, a Rescue Kit and associated slings and connectors is to be carried from the Trainers vehicle to the assigned training area.

This equipment will be moved on a trolley to avoid physical damage to anyone carrying it.

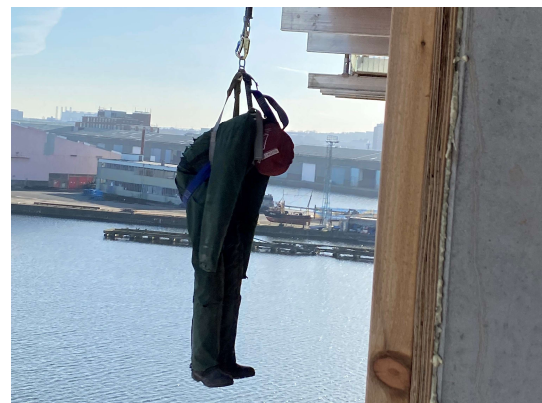
Site pedestrian routes will be followed at all times.

Fire safety : The Trainer will ask for all trainees to be informed of evacuation routes and muster points prior to training.

Electric Shock : Electrical devices or supply is not required for this training.

Communication : If all trainees are not conversant in English we will nominate someone who can clearly understand our instructions in English and translate to the trainee(s) in their native language.

Work at height : A Podium or Access tower will be required for the installation of the Work restraint system.



The details published in this document are accurate at the time of printing. SafetyRespect UK Ltd. Strive to improve and we are receptive to feedback. We can be contacted terry.gardner@safetyrespect.co.uk